



AAE POSITION STATEMENT

The following fact sheet was prepared by the AAE Clinical Practice Committee to address issues being raised by some endodontic patients. AAE members may photocopy this position statement for distribution to patients or referring dentists.

USE OF MOUTH GUARDS TO PREVENT INJURY

Impact injuries to the dentition, such as those occurring during participation in sports, often result in the need for endodontic treatment. The American Association of Endodontists recommends the use of mouth guards during participation in sports as their use may minimize the effect of impact injuries on the dentition and supporting structures. Participants in sporting events are encouraged to contact their dentist for fabrication of a custom mouth guard. In addition, organizers and coaches of children's sports are encouraged to recommend and/or require the use of mouth guards for all of their participants.